

input the weekly donations. It is a 2-person task that requires one person to sort the donations and the other to input the information into the computer. It requires approximately 1 hour each week. We would like to build up this team so that each set of 2 people would work once a month. The tasks are an important part of sound accounting control practice and require a strict adherence to confidentiality practice. Please sign up in the Fellowship Hall, or contact Doris, Pastor Eric, or Lynna Philips if you are interested.



DiscipleShift is our summer sermon series at Zion! After spending the year in our **Believe** series, looking at ways in which to engage our head, our heart, and our hands; our convictions, character, and conduct in full bodied discipleship, we now spend the summer looking at Biblical stories of people whose lives were transformed when they made a shift in their discipleship. This will be a way to explore practical ways in which our lives of faith can be transformed!

June 2: *Elijah in a Cave*

June 9: *Balaam and His Donkey*

June 16: *Isaiah and His People*

June 23: *Peter and The Boat*

June 30: *Paul and His Conversion*

July 7: *Paul and His Mission*

July 14: *Peter and Cornelius*

July 21: *Caleb and The Mountain*



Please join us after the 10 a.m. service on June 23rd to look at the master plan drawings and construction options for Zion. This has been an 18 month process and the planning team and council are excited to share the vision with you. This will be an opportunity to have a close up look at the drawings and plans for our property and possible expansion opportunities. I'd like to emphasize that this is informational only, there will not be any decisions or votes taken. It is a great opportunity to look at the hard work we have done, ask questions and give feedback.

I look forward to seeing you there.

Bryan Nielsen



Be a Part of the Zion's Counters Team! We are seeking members, to be part of the Counters Team. The Counters process and

July 28: *Samson and His Hair*

August 4: *Esther and The King*

August 11: Pastor Mike Preaching:
God Makes All Things New

August 18: *Hannah and Her Prayer*

August 25: *Gideon and His Fleece*

September 1: *Moses and The Burning Bush*

Summer Worship Schedule has begun

Zion's 2024 Summer Schedule has begun!

We will have **ONE SERVICE ONLY** at **10:00 a.m.** on Sundays. The schedule will continue throughout the summer and end with our annual Summer Celebration September 8th. Adult Forums and Children's School are on Sunday break until the mid-September Rally Day, September 15th.



www.zionrdm.com/vbs



Come join us for
Breakfast!

We had a great time at breakfast last month! We meet on the **FIRST Tuesday** of the month at the Redmond Pancake House for a time of good food and fellowship. **Our next breakfast will be held at the Redmond Pancake House on Tuesday, June 4, at 9:30 a.m.** Sign up in the Fellowship Hall to save a seat.



VBS will be held June 17th - June 21st, 9 am to noon. The theme for this year is **Hometown Nazareth – Where**

Jesus was a Kid. Kids from 4 years old to just having finished 5th grade are invited to attend. Please be sure to register your child by June 14th for our FREE VBS program. The on-line application is now available at **Zionrdm.com/vbs** or you can scan the QR code:

Treasurer's Report for April 2024

In April we were **\$16,113** below our budgeted income goal. The General Fund balance is **\$107,940**. General giving for category 1 was **\$19,347** and category 2 was **\$13,175** for an income total of **\$32,522**. Our general expenses YTD are **\$112,889** compared to **\$105,391** in 2023.

Connie Hensley-Jones, treasurer



Folks, we need volunteers to help decorate the sanctuary and other areas of the church following the service on June 16th. Stop by on Friday, June 21st about 12:45 p.m. and help us tear down our VBS decorations and put things back for Sunday Service. Please send either Gloria McLeod (541-604-1543) or Deb Lewis (503-358-3496) a text to let them know if you can assist in this manner.



God's Healing touch

Join us for a Healing Service
Thursday, June 13, at 3 PM

Are you in physical, spiritual, or emotional pain? Have you been grieving a loss, experiencing depression or have an illness or chronic disease? Perhaps you have a friend in those circumstances who could benefit from healing prayers.

On Thursday, June 13, at 3:00 p.m. our Health Ministry Team and Pastor Eric are

offering a Healing Service. We hope to offer this service on a regular basis following this time in February. All are welcome to this quiet service where prayers, singing, silence, anointing with oil and Holy Communion combine to provide healing touches for those in need.

At this service, all who sense the need for God's healing in any aspect of their lives, may join in prayer for others and themselves. Each person may come to receive a word of blessing and prayer, and also receive a physical gesture of healing through the laying on of hands and anointing with oil. You may also light a candle in memory or remembrance of a loved one or friend who may be in need of healing. We will lift up and celebrate God's presence with strength and comfort in the time of suffering, God's promise of wholeness and peace, and God's love embodied in the community of faith. Please come and join us for this very special service.

From our
Parish Coordinator,
Brittany

Dates to Remember:

June 8th - Zion Rummage sale 9-12 pm

June 21st - Juniper Springs fellowship group

July 4th - Mark your calendar

New member 4th of July welcome party.

Greetings!

Zion has welcomed so many new members recently, and that has added more treasures and talents to our parish. With summer upon us and new ideas and experiences - I am excited to see the ways we will connect not only within Zion, but also the Redmond community.

I will be hosting a 4th of July firework party (front and center view of the big show) at my place, with our new members as our guests of honor. New members keep a look out for the invitation, and others in our Parish mark your calendars for more information to come!

This month I will continue with my monthly visit to Juniper Springs to share our women's ministry. Also, please consider joining parish members, friends, and greater Redmond in the Zion rummage sale June 8th. The sale will begin at 9 am and set up 8-8:30 am. Nancy Chaney and I would be very thankful for any that are able to help for any length of time. I'd be happy to fill you in on details if you are interested. This is a simple and fun way to connect with the community and share our passions and faith with others. We have asked those selling to donate 25% of the proceeds to the Zion expansion fund.

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[From Brittany, continued]

Another opportunity to serve Zion would be by helping our financial team with counting donations. This is a flexible way to give your time each month or as little as every other month.

Blessings!

Brittany Ury
Parish Coordinator
503-709-9608 / britters500@gmail.com



Free CPR Training

Community CPR Training is held the first Wednesday of each month, 5:30-6:30 pm, at:

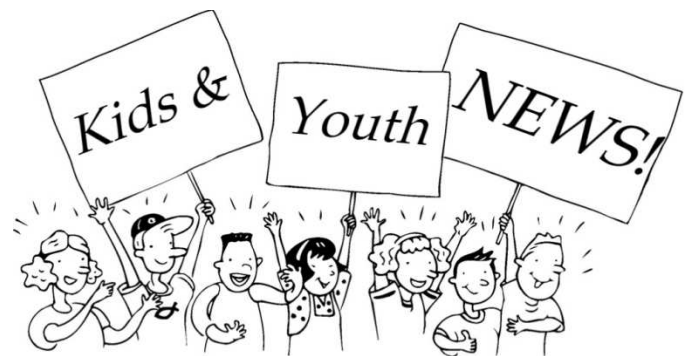
Fire Training Center
63377 NE Jamison St.

Bend, Oregon 97701

The class is held at the Bend Fire Training Center, behind the North Fire Station. The class is limited to 20 participants. You can register online at: [bend fire training center](http://bendfiretrainingcenter.com).

Memorial Service

A memorial service for John Meyer will be held on Saturday, June 22, at 11:00 a.m. A luncheon will follow. We hope you will join Alice and family for this celebration of John's life.

The graphic features the words "Memorial Service" in a large, elegant, cursive font. To the right of the text is a simple line drawing of a dove in flight. Below the text is a black-bordered box containing the service details in a bold, sans-serif font.

Middle School/High School (6-12):

We are looking forward to a fun-filled summer with our Middle School and High School kids! Our Annual Car Wash fundraiser is coming up on Sunday, July 14th from 11:30 a.m. to 1:30 p.m. Thank you to all of our wonderful parents and kids who have already committed to be there to wash your cars! Enjoy free BBQ'd hot dogs and lemonade while you wait for your car!

Our Youth Summer Game Nights will be fun filled again with new games, BBQ's, and s'mores at the fire pit. They are currently

scheduled from 5:00 p.m. to 7:00 p.m. on the



following dates:

Tuesday, June 25th

Tuesday, July 16th

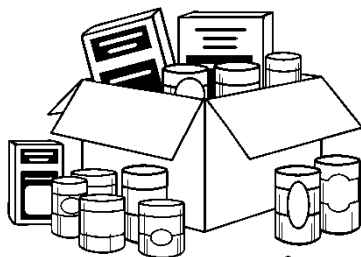
Tuesday, July 30th

Tuesday, August 13th

Tuesday, August 27th

Elementary Kids (K-5)

Our parent/kids Summer BBQ and Game Night is scheduled for Sunday, June 30th! We had such a great time last year and we are looking forward to getting together again for an evening of laughter and games, 5:00 p.m. to 7:00 p.m.



Food Donations

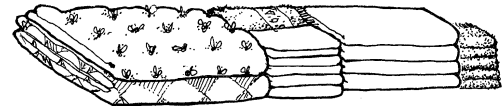
**JERICHO ROAD
OUTREACH
June & July 2024
Peanut Butter
Snack/Protein Bars**

During the months of June and July, we will be focusing on food donations of **Peanut Butter** and **Snack/Protein Bars** for our community neighbors in the homeless camps through Jericho Road Outreach. Of course, you may always bring items from the list below.

Following is a shopping list of the most popular foods:

Canned Items:

Spam, Salmon, Chicken Chunks, Pork
Beef Stew, Chili, Vegetable Beef Soup



Canned Fruit (peaches, pears and mixed)
Dry Cereal (Cheerios, Wheaties)
Snack/Protein bars
Peanut Butter
Boxed Milk

Please Note:

A sufficient inventory is on hand for canned vegetables, dried beans (lentils), pork & beans, baked beans, dried noodles, rice, top ramen, tomato soup, tomato sauce, and dog food. No more is needed at this time. No perishable, frozen or foods that require cooking/baking.

Cash donations given to Zion must be designated on the check or envelope with cash as "Jericho Road Outreach", in order for it to be used for food or essential items given to our neighbors in the homeless camps.

WOMEN OF ZION NEWS
June 2024
"Encouraged in our hearts"

and United in Love”

On Wednesday, May 15, forty-seven ladies gathered at Zion to enjoy our 2024 Spring Luncheon.

This year's theme was "A Language of Flowers." Our afternoon included a delicious build your own salad bar, original poem by Nancy Keaton, and music/singing provided by Joy Conratt. Tables were decorated in bright colors, beautiful dishes, & fresh flowers. Speaker, Bobbie Haas, shared the many ways God's gift of flowers are used in our lives to express our feelings to others and their impact on us through music, holidays, books and especially throughout our Bible. Special guest Shawna Clair, from Lady Bug Florist, shared tips on the care of flowers and demonstrated ways for us to arrange our own bouquets. Copies of the poem are available in the fellowship hall for all. A special thank you to each of you who attended and made the day such a fun, happy, & pleasurable afternoon.

Coming up for us in June is the continuation of our Bible study "When You Pray." We will be gathering in the fellowship hall at 12:45 p.m., Wednesday, June 26. Please note that this date is a change from June 19, due to our vacation Bible school being held that week. Our presenter will be Susi Grant. We will be on the 4th study section in our books, concentrating on the prayers of adoration.

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[Women's Group News, continued]

Susi will guide us through the study along with the video featuring Jen Wilkin. Now is the time to get to your lesson on pages 80-107. **See you all on Wednesday, June 26, 12:45 p.m. Refreshments will be served.**

Quilting: June 6 & 13

You are invited to join Zion's Quilting Group, Thursdays, June 6 & 13, at 8:30 a.m., as we continue to work on this year's quilting projects. We meet the first two Thursdays of each month. If any changes to the schedule must be made, a phone call will be made, so be sure Barbara Jones has your phone number! **All are welcome, no previous experience is needed.** Come give us a hand and join us for service and fellowship!

Remember to keep in your prayers:

This is a reminder that our Sunday morning prayers are mostly for those with acute prayer concerns, but please keep in your daily prayers those who live in long term care homes:

Brookside Assisted Living – Junemarie
Brookdale Assisted Living – Patti
Chinook Assisted Living – Lois R.
Juniper Springs – Alice M.

And those in need of ongoing prayer:

Pastor Chet and Gerry R.



*Health Ministry Highlights:
Migraine & Headache Awareness*

June is Migraine and Headache Awareness month. The purpose of this awareness month is to educate about the different types of headaches and end the myths about headache diseases; specifically migraines and cluster headaches and their debilitating symptoms.

According to the National Headache Foundation, 47% of adults in the U.S. experience some form of headache every year. This intense pressure in the head can have many causes, and it is important to understand the difference between headaches and migraines so you can properly navigate the treatment options that may be available.

There are more than 150 different types of headaches, with the most common being tension, migraine, and cluster headaches. Fortunately, all types can be controlled.

Tension: Tension headaches are the most prevalent type, occurring in men, women, and children. These headaches are defined as a tightening or pressing sensation on both sides of the head. This form can last anywhere from minutes to days and can cause light or sound sensitivity.

Cluster: Cluster headaches do not occur frequently. In fact, according to the American Headache Society, this type only affects about 1% (mostly men) of the U.S. population. This form causes pain in one side of the head or around the eye. The attacks can last from 15 minutes to 3 hours. Cluster headaches can cause nasal congestion, drooping eyelids, and facial or forehead sweating.

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[Health Highlights, continued]

Migraine: Migraines are recurrent headaches that can last 4 to 72 hours. These headaches cause pulsating pain, usually on one side of the head.

If you are having headaches and they are increasing in frequency or severity, or are interfering with your usual daily activities, it's time

to see a doctor. Seek immediate medical attention if you're experiencing the worst headache you've ever had, lose vision or consciousness, have uncontrollable vomiting, or if your headache lasts more than 72 hours with less than 4 hours pain-free.

For more info:

Sources: mayoclinic.org americanheadachesociety.org
migraineheadacheawarenessmonth.org

Thank You From:



April 30, 2024

Dear Friends,

It is with deep thanks that we send this letter acknowledging your very generous \$3,818.00 gift to Tanzania Health Partnership (THP). We're honored and humbled by your support of our mission.

Your gift will be applied to the Dental Fund to support Dodoma Christian Medical Center's (DCMC) ever-growing dental lab.

Since its founding 20 years ago, DCMC has served more than 800,000 patients and helped bring nearly 7,000 babies into the world (1,467 in 2023!). Now facing a daily demand to care for hundreds of patients, DCMC will be expanding its spaces to increase its surgery capacity, improve lab and imaging diagnostics, and enhance patient flow.

Your gift helps shape DCMC's success story, inspiring its dedicated staff in their tireless efforts to save lives. Thank you for helping DCMC bring health and hope to thousands of families and build a healthier future for Tanzania.

Asante Sana! (Kiswahili for "thank you very much")

Erin Marques

Donor Services & Administrative Coordinator

Thank you for your ongoing support of our mission 😊